

COCONUT CURES

You've heard about the healing power of coconut oil, but did you know that the entire coconut is a virtual medicine chest? Coconut meat, milk, and water all have medicinal as well as nutritional value. The health benefits of the entire coconut—the meat, milk, water, as well as the oil—are described in my book *Coconut Cures: Preventing and Treating Common Health Problems with Coconut*.

This book describes why coconut water can and is used as an IV solution for sick patients. Coconut water has a chemical composition similar to human plasma and can be injected directly into the bloodstream. Recent research has shown that it can be just as effective as commercial IV solutions. Coconut water is a delicious beverage loaded with vitamins and minerals. For this reason, it is fast gaining a reputation as an effective natural sports drink, superior to commercial beverages and lower in sugar. Its healing properties are most evident in the urinary and reproductive system.

In Asia it is taken orally to dissolve kidney stones and restore libido. It has a restorative effect on the kidneys and some patients have been able to reduce or eliminate dialysis treatments simply by drinking coconut water.

Coconut meat is a virtual powerhouse of health. It can help balance blood sugar and control diabetes, protect against cancer, ease the pain and discomfort of colitis and irritable bowel syndrome, aid in weight loss, expel intestinal parasites, improve digestive function, help eliminate hemorrhoids and varicose veins—the list goes on and on.

This book contains new information about the wonders of coconut oil not contained in any of my other books. Some of this information is so incredible you wouldn't believe it unless I supplied the proof, and I do that. Every health claim made in this book is

backed by medical science. References to published studies are provided along with dozens of case studies and success stories.

In this book you will learn about a medical doctor who struggled for years with numerous health problems and chronic high blood pressure and how she cured herself using nothing but coconut. She now uses coconut to treat her own patients. You will read about a woman who had breast cancer so severe that it spread to her skull. Doctors gave up on her and sent her home to die. She discovered the healing power of coconut and cured herself of the cancer that would have surely killed her. You will also read the story of a medical doctor who, after years of failure using traditional treatments, cured himself of Crohn's disease using the coconut detox program described in the book.

This book isn't just a discussion of the benefits of coconut, it provides step-by-step instructions on how to use coconut to treat many common health problems. It includes an extensive A to Z listing of health problems and how to treat each one using various forms of coconut. You will learn about the Coconut Oil Detox program and the Parasite Purge. You will learn how to make the Anti-Candida Tonic, the Colon Cleansing Formula, and others. You will learn how to use coconut to heal burns and cuts, remove warts and moles, kill skin fungus, and improve the appearance of your skin and hair.

To learn more about this book, go to www.piccadillybooks.com. ■